

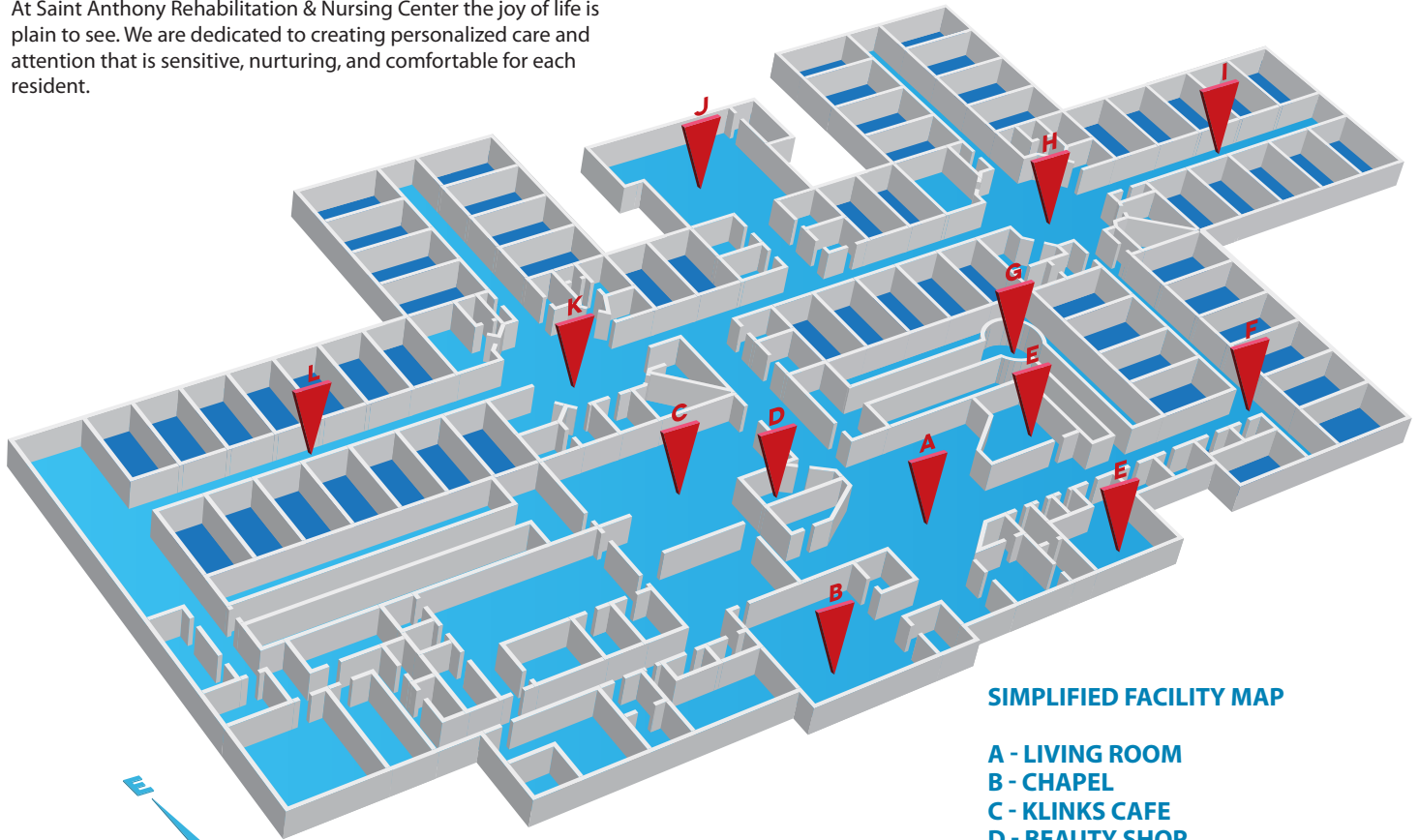


## LIFE AT OUR FACILITY

Excellence has been our hallmark for more than thirty years. At Saint Anthony Rehabilitation & Nursing Center we provide the highest quality in nursing and clinical care with an outstanding quality of life for our residents.

At Saint Anthony Rehabilitation & Nursing Center the joy of life is plain to see. We are dedicated to creating personalized care and attention that is sensitive, nurturing, and comfortable for each resident.

There is no shortage on comfort and amenities for our residents. Newly renovated rooms, restaurant style dining, cable television, and WIFI are just a few of the things that come standard for our residents. Life can be difficult, but we don't think that means it has to be uncomfortable, too.



**SIMPLIFIED FACILITY MAP**

- A - LIVING ROOM**
- B - CHAPEL**
- C - KLINKS CAFE**
- D - BEAUTY SHOP**
- E - REHABILITATION**
- F - SHORT-TERM REHAB**
- G - COURTYARD**
- H - BAKERSFIELD**
- I - SHORT-TERM REHAB**
- J - COMMUNITY/SUN ROOM**
- K - TWIN GARDENS**
- L - LONG-TERM RESIDENCIES**

Please see other side for  
Frequently Asked Questions

2/17-102

## ACCOMMODATIONS

Being away from home can be difficult, but it doesn't mean you can't feel at home. We've worked hard to make our facility inviting and comfortable for all of our residents.

Newly renovated interiors • Quality furniture and furnishings • Attractive décor • Cable television and WIFI

## DINING EXPERIENCE

Creating an enjoyable dining experience for our residents is a priority. While offering a wide variety of tasty and nutritious menu choices, our dietary staff is diligent about adhering to individual dietary restrictions.

Breakfast is served 7-9am, lunch is 11:30am-1:30pm, and dinner is 4:30-6:30pm.

## DISCHARGE PLANNING

Prior to a resident's discharge from our facility, our rehabilitative professionals make sure they're ready for the challenges involved with returning home or to an alternate level of care. In addition to outlining personalized exercise plans and guidelines for safely performing daily routines, our therapists will make sure each patient can manage stairs and other obstacles related to returning home. Our social workers may arrange for wheelchair assistance or other assistive devices, and our staff will go over dietary issues that could impact a full recovery. Our nurses will provide information on wound care and medication management. All this will ensure that once they leave our facility, residents will be adequately prepared to resume optimal functionality and independence.

## EXPECTATIONS

Because we understand that it's never easy to put the care of a loved one into the hands of others, we are always available to address family concerns. We are committed to transparency: we will always strive to provide an honest and realistic assessment of what new patients and residents and their families can expect every step of the way.

## PAYMENT OPTIONS

For optimum convenience and flexibility many of our long-term care and short-term rehabilitation programs and services accept:

Private payment • Medicare • Medicaid • Managed Care and private insurance plans

*Please call to discuss the coverage options that apply to specific programs and services.*

## RESPIRE CARE

For at-home caregivers who need a rest from their daily responsibilities, we also offer temporary stay respite programs. Respite care provides a safe and nurturing environment for seniors and wonderful flexibility and peace of mind for their caregivers. Our programs offer around-the-clock nursing supervision, restaurant-style dining, and a regular program of social and recreational activities.

### Program features include:

24-hour nursing supervision  
Assistance with activities of daily living  
Medication management  
Rehabilitation and care services as needed  
Engaging social and recreational activities  
Safe and nurturing environment  
Flexible stay schedules

## SOCIAL & RECREATIONAL ACTIVITIES

We make it a priority to keep residents engaged, interested, and active to the fullest extent possible. Short-term and long-term residents alike enjoy a full complement of social and recreational activities designed to keep hands nimble, bodies moving, minds active and spirits up. These include:

Exercise and fitness activities • Educational and cultural programming • Professional entertainment • Community trips • Social gatherings • Recreational activities • Arts and crafts • Games and contests • Intergenerational activities • Pet visits

## FREQUENTLY ASKED QUESTIONS

Q: How long will I have to stay?

A: An average stay is between 2-3 weeks.

Q: How is my laundry handled?

A: Laundry can be handled in two ways. Your family may take it home or we can provide laundry services for you. Iron-on labels will be applied by our staff.

Q: What is a typical day like?

A: Breakfast is served 7-9am. Mass is offered daily at 10am. You will have assistance in getting dressed. Resident may have morning therapy. Lunch is served from 11:30am - 1:30pm. Resident may have afternoon therapy. Dinner is served from 4:30 - 6:30pm. Medication is provided to you throughout the day as ordered. Activities are available to residents throughout the day. Please ask us about your residents specific therapy and activity needs.

Q: How will I pay for my stay?

A: Most insurances cover subacute care. For example, Medicare and Managed Care.

Q: What should I bring?

A: Street clothes and appropriate shoes are recommended during therapy time. Personal items and toiletries may be brought as needed.

Q: What about TVs and phones?

A: All rooms have cable television and phone connections.

Q: Is there Wi-Fi available?

A: Yes, facility wide.

Q: What are the visiting hours?

A: 24 hours a day.

Q: Can I attend Mass?

A: Yes. Mass is offered daily at 10am in our chapel.

Q: Can I get my hair done?

A: Yes. We have a stylist available.

Q: May my guests have a meal with me?

A: Yes. Guest meals are available for a small fee.

Q: Can my pet visit?

A: Yes, with proof of current vaccinations.

Have additional questions? Please call 765-423-4861.